



PBHA IMPACT

"More Than Just Housing"

Editor: Karen Lee

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JANUARY 2013

DIRECTLY SPEAKING

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Throughout my life, I've found that there are two kinds of people. One group seems to be constantly bored, idling away their days and waiting for life to come to them. The other group does the opposite – they're constantly busy, feel like there aren't enough hours in the day, and are out there chasing life.

Self-improvement is an investment of time and energy instead of an investment of money, but both pay excellent returns. It can improve your health, your emotions, your career, and your financial state.

Improve your health. Just walking thirty minutes a day for twelve years adds, on average, 1.3 healthy years to your life. That's 49 days of walking in exchange for 1.3 years of additional life – a brilliant trade. Doing more vigorous exercise can add even more – 3.7 years of life on average. That's a profound argument for improving your health, even by taking simple steps.

Improve your knowledge. Ideas are incredibly valuable and grow more valuable every day as society moves in a direction where creativity is rewarded. Knowledge is the base upon which creativity is built. Exposure to new ideas and new angles in a mix with the unique set of ideas and life experiences you already have make it more and more likely that you'll be able to produce unique ideas – and those unique ideas can be incredibly valuable.

One powerful way to do this is to read. Take on a book that chal-

lenges you and pushes the way you think. These books force me to understand other perspectives and, at the same time, re-evaluate and strengthen and perhaps change my own.

Another effective way to get there is through conversation with a person willing to engage ideas. Share your thoughts, listen to what they share, and debate their relative merits. Accept that criticism of an idea that you presented is not criticism of you, but of the idea itself.

Improve your transferable skills. The types of skills that fit well in almost any career path are always worthwhile to build. Communication skills. Time management skills. Creativity. Leadership. How can you do these things? Well, you might try implementing a new time management system in your life. Or you might volunteer to take a leadership position in a community group. Play a brainstorming game with friends, like *Apples to Apples*, or a strategic game like *Ticket to Ride*.

Improve your personal nature. Knowing who you are – your strengths, your weaknesses, your joys, your sadnesses – makes it a lot easier to navigate the minefield of life. It's well worth your time to figure out who you are and what you truly value.

Spend some time being introspective. Ask yourself how you honestly feel about the elements in your life. Are these things bringing you joy or sadness? Why? What elements, you ask? Look at everything: your health, your relationships, your



Executive Director
Jeannie H. Epperson

activities, your possessions, and so on. Digging through that, figuring out our true feelings, and acting on them results in nothing but life improvement.

Improve your relationships. Take some time and just talk to significant others about how life is going. Give your mother a long phone call. Get in touch with your siblings. Look up some of your close friends that you've drifted away from over time. Listen to what they're saying – don't just look at it as an excuse to list what you're up to. Those relationships are invaluable, and any time spent maintaining them will pay off in surprising ways over time.

Here's the real message: People who succeed spend almost all of their time doing something that in some way improves themselves, their relationships, or their career situation. That's not accomplished by idling. Look for ways to improve yourself!

Don't waste time thinking
back to what you could have done
differently.
Keep your eyes on the road
ahead and do it differently

now. ideaharts.com



KEEP HOME DECENT AND SANITARY MAINTENANCE WORK ORDERS

If your home is cluttered, with things strewn all over, or smells bad because it has not been cleaned, it displays an uncaring slothfulness and is a lease violation.

The home is where the family bonds. It is the haven that each member comes back to each day, either from work, or from school. It is here that they relax together, eat, watch television, chat; all the things that a home provides. It is because we live in our homes that it is important to keep it clean. A decent and sanitary home is more comfortable to live in. However, keeping it clean is the responsibility of every member of the household. Not only is it a responsibility, but keeping it decent and sanitary can also be very satisfactory.

As a parent, keeping the house clean can be a difficult task. Children, however, learn what they see

their parents do. It is important to train growing children to inculcate decent, sanitary and tidy habits. Once old enough, they need to keep away their own things, and keep their room and the house clean. That is not always easy, because most children find it a chore. But insisting on them following certain rules of cleanliness around the house helps you to keep a decent and sanitary.

"Organize, assign and execute" ought to be the motto in every household to ensure a clean and hygienic home. Including everyone in the family to pitch in can facilitate the tedious task of housecleaning. Moreover, by following certain precautions, which prevent filth and dirt accumulating, one can avoid needing to houseclean as repeatedly and frequently. Maintaining a safe, decent and sanitary unit is a lease obligation and the family duty.

Units must be maintained in a safe, decent and sanitary condition. It is the tenant's responsibility to report any deficiencies and/or repairs needed.

The unit cannot have the following conditions:

- No holes in drywall.
- No mold or mildew present.
- No tripping hazards in walkways, parking lots, hallways, etc.
- No windows panes broken or cracked.
- Doors must close and latch with no assistance.
- No missing covers on any breaker boxes or plates where a breaker would normally be installed.
- No sign of pest or rodent or their droppings.
- Smoke detector must work properly and no batteries missing.
- No peeling paint.
- No windows in sleeping areas and other routes of egress blocked.
- No exposed wires.

CALL (870) 536-1625 (Work Order Number) FOR ALL DEFECTS OR NEEDED REPAIRS. Remember, your unit must be maintained in a safe, decent and sanitary condition.



**Bobby
Turner**



POLICE ON CAMPUS (POC):REDUCE RESIDENTIAL BURGLARY

Things you can do to help curb away. Arrange with the Post Office to elevating residential burglary numbers and deter would be burglars.

Make your home look occupied, and make it difficult to break in.

Lock all outside doors and windows before you leave the house or go to bed even if it is for a short time.

Leave lights on when you go out and if you are going to be away for a length of time, connect some lamps to automatic timers to turn them on in the evening and off during the day.

Keep your garage door closed and locked. Don't allow daily deliveries of mail, newspapers or flyers build up while you are



hold your mail, or arrange for a friend or neighbor to take them regularly.

Arrange for your lawn to be mowed if you are going away for an extended time.

Check your locks on doors and windows and replace them with secure devices as necessary.

Pushbutton locks on doorknobs are easy for burglars to open. Install deadbolt locks on all your outside doors. Sliding glass doors are vulnerable. Special locks are available for better security. Other windows may need better locks. Check with a locksmith or hardware store for alternatives. Never leave keys under

doormats, flowerpots, mailboxes or other "secret" hiding places -- burglars know where to look for hidden keys.

Other precautions you should take:

Keep a detailed inventory of your valuable possessions, including a description of the items, date of purchase and original value, and serial numbers, and keep a copy in a safe place away from home — this is a good precaution in case of fires or other disasters.

Make a photographic or video record of valuable objects, heirlooms and antiques. Your insurance company (RENTER'S INSURANCE) can provide assistance in making and keeping your inventory.



**Karen
Lee**

FAMILY SERVICES

Page 3

NOW HIRING!

Chili's – Numerous Positions
 KFC - Customer Service
 Dollar General– Numerous Positions
 Pizza Hut– Numerous Positions
 JRMC - Numerous Positions
 Rent A Center - Service Rep
 Family Dollar - Customer Service
 Crossmark - Retail Rep
 US Steel - Mechanics
 Aaron's - Manager Trainees
 Sears - Various Positions
 ADC - Food Prep Tech
 McDonald's - Various Positions
 J.C. Penny Various Positions
 Dollar Tree - Sales Associate
 Red Lobster - Line Cook
 Citi Trends - Various Positions
 Lowe's - Various Positions
 Verizon Wireless - Retail Sales

RESIDENT MEETINGS:

5:30 in the Community Center

Hallmark - Jan 9th

Cottonwood - Jan 16th

West Meadows - Jan 22nd

Royal Oaks - Jan 29th

It doesn't matter
how you get
there....



Save a life- give blood

FSS: BETTER OPTIONS FOR YOUR TAX RETURNS

1. Start (or supplement) an emergency fund. Very few Americans have an adequate emergency fund – that is, a savings account somewhere that contains money that could be used for living expenses for several months in the event of a major crisis, like job loss. Sock the return away in a high interest savings account and let it just sit there until disaster strikes. This way, the disaster won't wreck your finances – you can just go withdraw the money and it's taken care of.

2. Invest it in a mutual fund. This is a perfect option if you have a big long term goal, like a home, that's far down the road.

3. Start (or supplement) a Roth IRA. If you need to kick retirement saving into high gear, look into starting a Roth IRA. It's a great way to save money for retirement

without any tax issues at all.

4. Seed your own business. Roll the money into things you could use to start a side business. Not only will you be able to deduct that money next year, but you'll also lay the foundation for another income stream.



5. Put it in a 529 for your children. A 529 plan allows you to easily invest money with tax-free growth for educational expenses down the road.

6. Start (or supplement) a car fund. This doesn't mean that you should go replace your car, but merely that you're respecting the inevitable need to replace your current automobile.

7. Make your living space more energy efficient. Doing these things all together can significantly reduce your monthly energy bill, meaning that in the

long run the money you spent will become a tremendous investment with monthly dividends on your electric bill.

8. Buy an appliance that encourages eating at home. Similar to the energy efficiency idea, purchasing an appliance (like a deep freezer or a stand mixer) that can encourage you to eat at home more often will gradually reap rewards over time, as you begin to prepare food at home.

9. Buy individual stocks. This is a good way to get very familiar with the stock market and individual stock investing.

The moral of the story? There are a lot of things you can do with your tax return that can set you on a strong financial path. Don't let this little financial boon convince you to do something unwise.



Valerie McMiller

COMMON CENTS: THE FISCAL CLIFF AND YOU

The key issue in the fiscal cliff debate in Washington was how much to raise taxes and on whom, with the deal ultimately sparing most Americans from an income tax increase.

But in a development that attracted less attention Congress allowed one type of tax to increase for most of us, the Social Security payroll tax, effectively cutting the take-home pay of three quarters of American workers.

Social Security is funded by a 12.4% tax on wages below \$113,700. Prior to 2011, employers were required to pay half of that and workers were

required to pay the other half. But starting in 2011, President Obama had initiated a temporary cut that reduced the share workers pay from 6.2% to 4.2%.

That change saved an average family about \$1,000 per year for the past two years. However, the cut was not extended as part of the fiscal cliff deal, which means workers will begin paying the higher 6.2% rate again in 2013. Because payroll taxes are taken out of paychecks directly, many people will find out very soon that their next paycheck is smaller than it was in 2012. For the typical

earner, a two-point increase will amount to about \$700 in added tax payments per year.

People who have been out of work more than six months will now get a one-year extension of their unemployment benefits.

School teachers will still get to deduct up to \$250 of their expenses for classroom supplies. And families received five-year extensions on a variety of credits, including the American Opportunity Tax Credit for sending their children to college.



Dr. Martin Luther KING, JR.

When we look at modern man, we have to face the fact that modern man suffers from a kind of poverty of the spirit, which stands in glaring contrast with a scientific and technological abundance.

We've learned to fly the air as birds, we've learned to swim the seas as fish, yet we haven't learned to walk the Earth as brothers and sisters.

- Martin Luther King Jr



{ Interesting facts }

Born Michael Luther King, Jr., but changed it to **Martin** because his father changed his in honor of the founder of the Lutheran denomination.

In 1964, at the age of 35, he was the **youngest man** to have received the Nobel Peace Prize and donated his \$54,123 prize money to the civil rights movement.

He became the **first black American** to be honored as *Time Magazine's Man of the Year*.

King is the subject of U2's song "Pride (In the Name of Love)," which reached #2 on Billboard's Mainstream Rock Singles in 1984.

January 20, 1986 was the first national celebration of King's birthday as a holiday. All 50 states observe the third Monday in January to honor King.

The four-acre Martin Luther King, Jr National Memorial, complete with a 28-foot-tall statue of King, is scheduled to open August 2011, between the Jefferson and Lincoln memorials.

Between the years 1957 and 1968

Traveled more than **SIX MILLION MILES**

Spoke more than **2,500 TIMES**

Arrested more than **20 TIMES**

Assaulted at least **FOUR TIMES**

Awarded **FIVE HONORARY DEGREES**

Delivered the "I Have a Dream" address before **250,000 PEOPLE** in Washington D.C.



The Six Pillars of Character



TRUSTWORTHINESS

Be honest - don't deceive
cheat or steal · Have the courage to do the right thing · Be reliable - do what you say you'll do

RESPECT

Treat others with respect; follow the Golden Rule · Be tolerant of differences · Deal peacefully with anger or disagreements



RESPONSIBILITY

Do what you are supposed to do · Always do your best · Persevere - keep on trying · Be accountable for your choices



FAIRNESS

Play by the rules · Don't blame others carelessly · Be open-minded; listen to others · Don't take advantage of others



CARING

Be kind · Help people in need · Forgive others · Be compassionate and show your care · Express gratitude



CITIZENSHIP

Do your share to make your community better · Protect the environment · Be a good neighbor · Stay informed; vote



Making Good Choices

Our choices can start a chain reaction that impacts the actions and decisions of hundreds of others. Making good decisions is about doing what is right.

Making good choices take into account the interests and well-being of all who will be affected by your actions and puts the Six Pillars of Character ahead of other values.

Seven Steps to Better Decisions

1. Stop and Think
2. Clarify Goals
3. Determine Facts
4. Develop Options
5. Consider Consequences
6. Choose
7. Monitor & Modify your choices



Dr. Martin Luther King
August 28, 1963

Be a T.E.A.M. Player

We all want our communities, businesses, homes and schools to be places of good character, but good character doesn't just happen. It is up to each of us to help teach right from wrong and act as positive role models.

TEACH

Teach others that their character counts - and that their success and happiness depend on it. Explain that people of character know the difference between right and wrong because they use the Six Pillars to guide their thoughts and actions.

ENFORCE

Reward good behavior and discourage bad behavior by imposing fair, consistent consequences (or allowing others to do so).

ADVOCATE

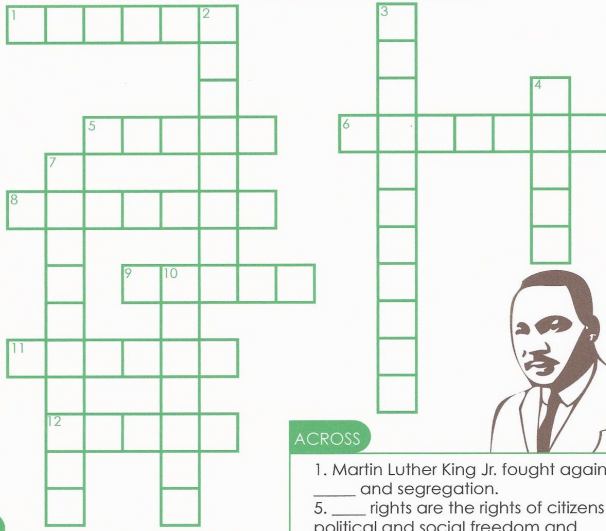
Continually encourage others to live up the the Six Pillars of Character. Be an advocate for character. Don't be neutral about the importance of character or casual about improper conduct.

MODEL

Be careful and self-conscious about setting a good example in everything you say and do. When you slip (and most of us do), be accountable, apologize sincerely, and do better!

HOLIDAYS

Martin Luther King Jr. Day

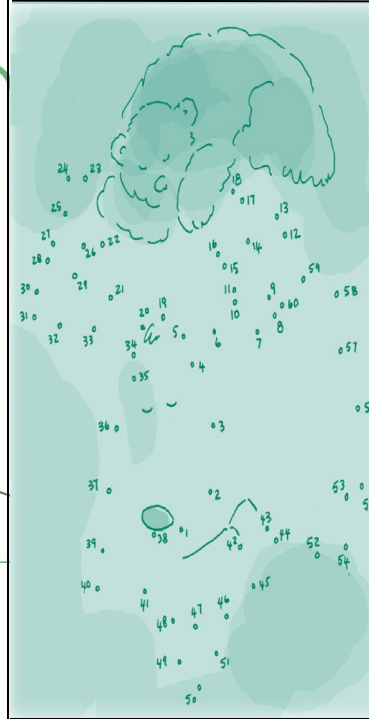


ACROSS

1. Martin Luther King Jr. fought against _____ and segregation.
5. _____ rights are the rights of citizens to political and social freedom and equality.
6. The power or right to act, speak, or think as one wants without hindrance or restraint.
8. The Montgomery Bus _____ was a political and social protest campaign against the city's racial segregation of the bus system.
9. He led a peaceful _____ of a quarter million people, on Washington, DC.
11. Martin Luther King Jr. Day is on the third _____ of January.
12. He fought for _____ rights so that everybody would be treated the same.

DOWN

2. Dr. Martin Luther King Jr. was a Christian _____ who worked for equal rights.
3. Enforced separation of different racial groups.
4. "I have a dream that my four little children will one day live in a nation where they will not be judged by the _____ of their skin but by the content of their character."
7. Inspired by Gandhi's peaceful protest, Martin Luther King supported _____ protest.
10. He was a minister in Montgomery, _____.



4	1		7		5
	8			6	9
		5			
	7	4	1	3	
5	3				1
		4	3	8	7
			4		
	9	8			7
7			6		2
					8

COLOR TEST

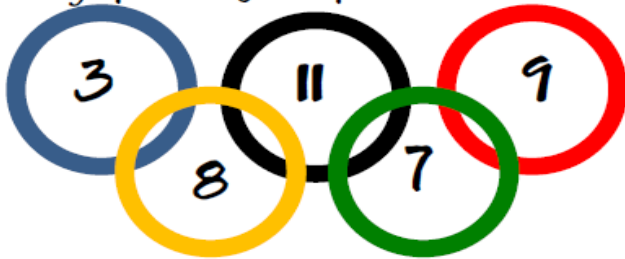
Look at the chart below and say the **COLOR** not the word

YELLOW **ORANGE** **BLUE**
BLACK **GREEN** **RED**
YELLOW **PURPLE** **RED**
ORANGE **GREEN** **YELLOW**

Left-Right Conflict

Your Right Brain Tries To Say The Color But
Your Left Brain Insists On Reading The Word

Olympic Rings Top and Bottom 1



Rearrange the numbers in the rings so that the total of the top three rings is the same as the total of the bottom two.

Olympic Rings Top and Bottom 2



Rearrange the numbers in the rings so that the total of the top three rings is the same as the total of the bottom two.



Spot the 5 Differences



COMMUNITY NEWS

COMMUNITY SERVICE: GET INVOLVED

The following is a list of volunteer opportunities in the community.

PBHA Park Rangers! The PBHA developments are in need of volunteer "park rangers." These individuals will monitor activities on the parks in their perspective developments to help ensure that rules are obeyed and park area remains decent

and sanitary. Interested individuals should contact PBHA Resident Services or RIC at 536-2074.

The Boys and Girls Club of Jefferson County, a non-profit, tax-exempt organization, that serves children countrywide between the ages of 5 and 18, needs volunteers to tutor and assist with scheduled activities. The club is open 1 to 6 p.m. Monday through Friday. Call 534-2188.

The American Red Cross needs disaster workers to be on call for the relief of fire victims. All training will be provided. Red Cross trucks and radios will also be provided. Please call Donna

Booth Johnson at Southeast Arkansas Chapter of the American Red Cross office in Pine Bluff at 534-7312 between 9 a.m. and 4:30 p.m. Monday through Friday.

The Arkansas Convalescent Center is seeking volunteers to assist in activities with residents such as Bingo, crafts, reading stories, playing chess, dominoes, and etc. Anyone interested may call Demetrius Thomas at 534-8153 from 8 a.m. to 5 p.m. Monday through Friday.

The Arkansas Department of Correction is in need of volunteers willing to share their time with inmates, particularly with the elderly and medically challenged. Call Sherrie Williams, volunteer coordinator, at 267-6988.

Arkansas Hospice volunteer opportunities are available in direct patient care, office assistance, speaker's bureau, bereavement team and pet therapy. Call Pam Warren at 850-6195 between 8 a.m. and 5 p.m. Monday- Friday.

SCHOLARSHIP OPPORTUNITIES

The Southwest Regional Council NAHRO Scholarship Program provides scholarship opportunities to public housing residents, participants in rental assistance or similar programs, both heads of household and other family members, and children of staff working for a member agency. The SWRC NAHRO annually awards scholarships totaling more than \$10,000.00. Scholarship awards are available to

Scholarship Applications may be obtained in the PBHA main office. Scholarship Application with accompanying documentation and information must be submitted directly to:

Southwest NAHRO Scholarship Program
2375 Rodgers Rd.
Olnsey, TX 76374

For questions or information contact: Sherri McDade: call (940)383-1504 or email s.mcdade@dentonhousingauthority.com

APPLICATIONS DEADLINE: March 15, 2013

Graduating Senior – Resident or Participant: Scholarships are available in three areas to graduating seniors who are residents and receive direct housing benefits from one of the member agencies of the Council. The first scholarship is a \$4,000 four-year scholarship awarded to a graduating senior, with \$1,000 payable each year over a four-year period.

A second, \$1,000 one-time scholarship honoring Philip W. Miller is available to graduating seniors who are residents of a public housing agency. The third area includes scholarship awards of a minimum of \$100 to resident graduating seniors who successfully apply to the program, who attained a four-year 3.0 GPA and an 18 on the ACT. Actual amount and number will vary according to the number of students applying and funds available.

The scholarships have been established by the membership of Southwest NAHRO to provide the opportunity for students associated with public assisted housing to take advantage of post high school educational opportunities that otherwise may not be possible. Any unused portion of a scholarship may, at the discretion of the Scholarship Committee, be awarded a student exhibiting outstanding accomplishment.

Eligibility Requirements

1. The applicant and their family must reside or receive direct housing benefits at least 12 months prior to the application deadline through any housing program administered by any agency that is a member in good standing of Southwest NAHRO.
2. The applicant must: have maintained an overall 3.0 grade point average for the total of his/her high school career, have earned an ACT score of 18, and commit himself or herself to enrolling in a college or vocational training program beyond high school graduation.
3. Applications submitted that are not in accordance with the instructions will not be considered for judging.

Resident/Participant Head of Household:

Scholarships are available for heads of household who have been residents of a housing agency or program participants for at least 12 months prior to the application deadline, and who intend to start or are already attending college. The Sam McKay Memorial Commissioners Scholarship in the amount of \$750, plus a one year \$500 scholarship in honor of the sitting president of Southwest NAHRO are available in this category. Actual amount will vary according to the number of students applying and funds available.

The scholarships have been established by the

membership of Southwest NAHRO to provide the opportunity for students associated with public assisted housing to take advantage of post high school educational opportunities that otherwise may not be possible. Any unused portion of a scholarship may, at the discretion of the Scholarship Committee, be awarded a student exhibiting outstanding accomplishment.

Eligibility Requirements

1. The applicant and their family must reside or receive direct housing benefits for at least 12 months prior to the application deadline through any housing program administered by any agency that is a member in good standing of Southwest NAHRO.
2. Applications submitted that are not in accordance with the instructions will not be considered for judging.

Single Parent Scholarship (apply online at www.aspsf.org/county_jefferson.html)

The Single Parent Scholarship Fund of Jefferson County provides supplemental financial assistance (usually \$500 per semester) to single parents who are pursuing a course of instruction, which will improve their income-earning potential. Scholarships may be used for tuition, books, utility bills, car maintenance, child care, or expenses related to educational pursuits, as approved by the Awards Committee.

Application Deadlines:

Spring semester: January 20

Fall semester: September 20

If application due date falls on weekend or holiday, due date next business day.

January is Cervical Health Awareness Month

What is cervical cancer?

Cancer is a disease in which cells in the body grow out of control. Cancer is always named for the part of the body where it starts, even if it spreads to other body parts later.

When cancer starts in the cervix, it is called cervical cancer. The cervix is the lower, narrow end of the uterus. Also known as the womb, the uterus is where a baby grows when a woman is pregnant. The cervix connects the upper part of the uterus to the vagina (the birth canal).

Cervical cancer is the easiest female cancer to prevent, with regular screening tests and follow-up. It also is highly curable when found and treated early.



Who gets cervical cancer?

All women are at risk for cervical cancer. It occurs most often in women over age 30. In 2004,* 11,892 women in the United States were told they had cervical cancer.†

It is important to get tested for cervical cancer because 6 out of 10 cervical cancers occur in women who have never received a Pap test or have not been tested in the past five years.

The human papillomavirus (HPV), a common virus that can be passed from one person to another during sex, is the main cause of cervical cancer. At least half of sexually active people will have HPV at some point in their lives.

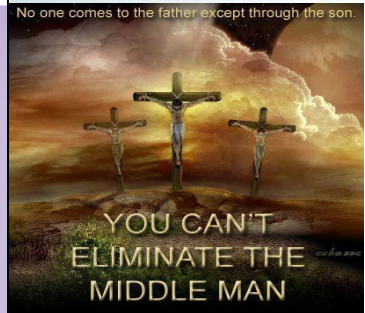
Keep in mind, many people will have an HPV infection at some time in their lives, but few women will get cervical cancer.

Are there tests that can prevent cervical cancer or find it early?

There are two tests that can help prevent cervical cancer or find it early:

- The Pap test (or Pap smear) looks for precancers, cell changes on the cervix that might become cervical cancer if they are not treated.
- The HPV test looks for the virus that can cause these cell changes.

The Pap test is recommended for all women. Talk with your doctor, nurse, or other health care professional about whether the HPV test is right for you. Getting a Pap test regularly can find precancerous changes that can be treated, so that cervical cancer is prevented. And a Pap test can find cervical cancer early, when treatment is most effective.



Each time you hear the gospel of Christ, you are hearing God's good news for you. And the Bible tells us that the gospel of Christ — the good news that God wants all men to hear — is the very **power** of God for your salvation, not just from hell, but also from illnesses, financial lack, harm, a failing marriage — every aspect of your life that needs saving!

You may say, "I've heard the gospel of Christ, but it seems like I am one of those whom the power of God has missed." You must **know** and **believe** the good news in your heart, and then you will see that it is the power of God for your salvation.

But what is the good news that God wants you to know in your heart, which will release the power and salvation of God into your situation? "For in it [the good news] the righteousness of God is revealed from faith to faith..." (Romans 1:17) The good news is that you are the righteousness of God in Christ, which you receive from faith to faith.

This means that this righteousness comes because you have faith in His blood, not your good behavior, to make you righteous. It is from faith to faith, not faith to works, or works to works. The good news is not preached to show you what is wrong with you. It is preached to show you what is right with you because of Jesus' work at Calvary, in spite of what is wrong with you!

There is nothing left for you to do to earn God's blessings for your life. You only need to hear and believe the all-encompassing saving power of the gospel of Christ to heal you of diseases, preserve you from danger, bless your finances and bring well-being to your family.

The world may say that the good news is too good to be true. But for those of us who are the righteousness of God in Christ, the good news is so good because it is indeed true!

NATIONAL STALKING AWARENESS MONTH

- 6.6 million people are stalked in one year in the United States.
- 1 in 6 women and 1 in 19 men have experienced stalking victimization at some point during their lifetime in which they felt very fearful or believed that they or someone close to them would be harmed or killed.
- 2/3 of stalkers pursue their victims at least once per week, many daily, using more than one method.
- 78% of stalkers use more than one means of approach.
- Weapons are used to harm or threaten victims in 1 out of 5 cases.
- Almost 1/3 of stalkers have stalked before.
- Intimate partner stalkers frequently approach their targets, and their behaviors escalate quickly.

Using a less conservative definition of stalking, which considers any amount of fear (i.e., a little fearful, somewhat fearful, or very fearful), 1 in 4 women and 1 in 13 men reported being a victim of stalking in their lifetime.

- The majority of stalking victims are stalked by someone they know. 66% of female victims and 41% of male victims of stalking are stalked by a current or former intimate partner.
- More than half of female victims and more than 1/3 of male victims of stalking indicated that they were stalked before the age of 25.
- About 1 in 5 female victims and 1 in 14 male victims experienced stalking between the ages of 11 and 17.

[Michele C. Black et al., "The National Intimate Partner and Sexual Violence Survey: 2010 Summary Report," (Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention, 2011).]

- 46% of stalking victims experience at least one unwanted contact per week.
- 11% of stalking victims have been stalked for 5 years or more.

[Kris Mohandie et al., "The RECON Typology of Stalking: Reliability and Validity Based upon a Large Sample of North American Stalkers," *Journal of Forensic Sciences*, 51, no. 1 (2006).]

IMPACT OF STALKING ON VICTIMS

- 46% of stalking victims fear not knowing what will happen next.
 - 29% of stalking victims fear the stalking will never stop.
 - 1 in 8 employed stalking victims lose time from work as a result of their victimization and more than half lose 5 days of work or more.
 - 1 in 7 stalking victims move as a result of their victimization.
- [Baum et al.]

The prevalence of anxiety, insomnia, social dysfunction, and severe depression is much higher among stalking victims than the general population, especially if the stalking involves being followed or having one's property destroyed.

PBHA JANUARY 2013 BAN LIST



**POLICE
ON CAMPUS**

**Hallmark:
Det. Patterson
534-2275**

**Royal Oaks:
Officer Bradley
879-6336**

**West Meadows:
Sgt. Gee
536-3891**

**Cottonwood:
Det. Lambert
535-2391**



Eason, Cliff	Johnson, Michael	Shavers, Craig	Montgomery, Gregory	MORTON, DEWAYNE	NEW TO LIST
Davis, Kawana E.	Johnson, Cleveland	Ruff, Kenneth	Hawthorne, Darryl	JOHNSON, RODNEY	ABDULLAH, MUHAMMED
Fogle, Justin	James, Kianna	Matthews, Derrick	Thompson, Tony	JOHNSON, JEREMY	TOWNSEL, WILLIAM
Anderson, Leo	Lewis, Richard	Odom, Percy	Webster, Willie	JOHNSON, BENNIE	JACK, TAMAR'K
Adway, Sedrick	Hines, Marcus	Nelson, Taylor Sr.	Webster, David	JORDAN, DEVONTE'	HARRIS, JOCOBI
Evans, Alden	Jones, Carla F.	Sloan, Kenneth Bubba	Smith, Ricky	Battles, Lee	GARDNER, LUTHER
Dillard, Matthew	Johnson, Edward	Sanders, Xavier	Hayes, Dennis	Devose, Jerran	ROSS, MISHLEEN
Dorn, Marcus	Johnson, James B.	Scott, Marlon	Hayes, Robert	Brown, Latoya	WHITE, EDDIE
Epperson, Jimmy	Jones, Willie	Skinner, David	Kirby, Christopher	Reed, Lavell III	CRUTCHFIELD, CORDARRYL
Adrow, Keith	Henderson, Levell	Phillips, Kantarrow	Weatherspoon, Corey	Holloman, Josh III	PAYNE, TIMOTHY
Daniels, Leo Jr.	Johnson, Anthony	Rodgers, Adrian	Matthews, Chris Jr.	Marcus, Smith	KENDAL, ELVIS RAYJR
Austin, George Jr.	Heard, Erica	Owens, Tamarco	Weekly, Charles	Rentals, Michael	HEGLAR, KARL
Axsom, Charles	Watts, Moses	Pace, Kenneth	Wells, Michael	Wade, Craig	SMITH, EDMAN (EDDIE)
Baldwin, Kendrick	Hickman, Freddie Jr.	Parker, Terjun T.	West, Bobby Lee	Watkins, Teneidra	DESHAZIER, COREY
Berrien, Corey	Haynes, Terrell	Peters, Anthony	West, Brian	Armstrong, Ladale	MARTINEZ, ORLANDO (AKA Ronald)
Ford, Tyrone	King, Dyrall	Sanders, Brandon	West, Shardy	Davis, Eric	SHOWERS, BRIAN SR.
Brown, Herman	Murdock, Christopher	Phillips, Carolyn	White, Renard	Franklin, Mark	KENNEDY, SHAWN
Carter, Terrance	Hudson, Johnny	Powell, James	Wiegert, Brenda	Haywood, Donny	ROBINSON, TORIANO
Carter, William	Holden, Dewan	Price, Donald Ray	Williams, Carlos	Horn, Terrance	PARKS, QUINCY
Chidester, Michael	Holden, Johnny	Racy, Dottie	Williams, Curlee	Hunter, Frederick	FOSTER, JEREMY
Cobbs, Darian	Jackson, Cedric	Richardson, Travell	Williams, Marquis	Johnson, Khalil	HAYNES, MARCUS
Compton, Darryl	Jackson, Cullen	Rammage, Troy	Winston, Dave M.	Little, Darryl	BARNES, RICKEY
Cowser, Freddie	Jackson, Laron	Rayfus, Michael	Winston, Martic	Londell, Travis	HALL, DARIUS
Daniel, Eddie	Jenkins, Latoya L.	Robinson, Patricia	Young, Arie	Murray, Jimmy	KYE, DARMARCUS
Harris, Jonathan	McDowell, Latasha	Washington, Tyrone		Ward, Devan	COMPTON, DARRYL
Harris, Everette	McCoy, Terry	Walls, Isaiah - Doody		Whiteside, Donominic	MORTIN, ANTOINE
Foots, Derrick	Kemp, Marvin	Smith, John		Moore, Kyra	LOWE, BRUCE
Evans, Wesley	Jones, Jason	Smith, John P.		Griffin, Drue	WASH, SEDRICK
Garrett, Curtis	Lee, James	Smithwick, Chad	RECENT TO LIST	Davis, Timothy	LOWE, FRANK
Garrett, Marvin	Knight, Brian	Suell, Derrick	Cole, Kenneth	White, Marquel	MCCOY, KELVIS
Gatewood, Mario	Long, Victor	Smith, Deric	Collins, Cordarelle	Thomas, Katherine	GRISBY, WALTER
Fells, Natalie	Kelly, Anthony W.	Strickland, Bruce	Davis, Timothy	Johnson, Micheal	CONEY, KESON
Gray, Jerry	Livingston, Levell	Thomas, Sheila	Hall, Alfonzo	Bolden, Antonio	LEAVEAUX, BYRON
Boykin, Johnathan	Holden, Antwan	Stokes, Tony	Hawkins, DeMarcus	Rogers, Brian	MORTON, ANTWOINE
Gray, Michael T.	Mack, Johnnie	Walker, Ricky	Hawkins, Jarrius	Mallett, Kevon	
Green, Lawrence F	Mayweather, Frankie		Hence, Olente-onis	Morris, George R	
Gray, Leroy	London, Bobby		Hunt, Kejuan		
Hampton, Burrell	McAfee, Michael		Lyons, Marquis		

To provide safe, affordable housing, the above individuals have been banned from all Housing Authority properties. Any resident allowing these persons in/around their unit will be in violation of Housing Authority regulations & will be terminated from the housing program.